imental protocols given at the end of each of the 24 chapters and the lists of references (quoting the full titles!) are particularly helpful. The whole series (Vols. 38–41 are in preparation or already published) is becoming a regularly updated standard encyclopedia of plant tissue culture. Unfortunately, as it was already pointed out by A.D. Krikorian when reviewing Vol. 1 of this series "the high cost will preclude many private purchases". But Krikorian's closing statement holds true as well: "but libraries need it".

Wolfgang Kreis
FAU Erlangen Nürnberg
Lehrstuhl für Pharmazeutische Biologie
Germany

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Microencapsulation—Methods and Industrial Applications. Drugs and the Pharmaceutical Science Series/73 S. Benita (Editor), Marcel Dekker Inc., New York, 1996. 644 pages, \$150.00. ISBN 0-8247-9703-5

Eighteen chapters, written by different authors, deal with various aspects of microparticulate systems such as microparticles, nanoparticles, lipospheres, liposomes and various types of emulsions. In the first part, methods of encapsulation and advances in production technology are described for microcapsules, microspheres and nanoparticles. The chapters focus on processes related to specific applications as well as on novel developments. The second part of the book deals with the evaluation and characterization of these drug delivery systems, especially with structural aspects of and drug release from microspheres, microparticles, nanoparticles, solid lipid particles and vesicular systems (i.e. conventional liposomes, sterically stabilized liposomes and nonionic surfactant vesicles). The third part focuses on applications of various particulate delivery systems, including microspheres and lipospheres, nanoparticles, liposomes, pharmaceutical emulsions, double emulsions and microemulsion systems. Mainly the fields of cancer therapy and cosmetics are covered, It was certainly not easy to assign all the contributions to a particular part of the book. Nearly each chapter contains information on preparation procedures, structural aspects and some applications. Furthermore, the scope of the book was obviously not to present a final rounded overview of all micro- and nanoparticular systems or a complete dictionary of preparation procedures and applications for every system. Nevertheless, the contributions are carefully written and contain realistic evaluations of the systems and their potential applications in different fields. The scientific information in the book is through a lot of helpful details suitable for scientists in pharmaceutical technology in industry and university and can be recommended also for postgraduate students as a lead-in to particulate drug delivery systems.

Rolf Schubert
University of Freiburg i.Br.
Germany

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## Modeling and Data Treatment in the Pharmaceutical Sciences

J.T. Carstensen, Technomic, Lancaster, Basel, 1996. ISBN 1-56676-440-8

Pharmaceutics has grown out of craftsmanship to become a multi-faceted branch of applied science. Unfortunately, our knowledge of materials and processes is frequently incomplete and we have to rely significantly upon trial-and-error approaches to solve our problems. Still, our quest is to discover and apply general laws and to obtain optimal solutions by systematic work rather than to arrive at merely acceptable ones by chance. Therefore, we strive to represent important characteristics of drugs, excipients and operations in terms of abstract mathematical models.

Of such models, there are two kinds: structural models, which represent the relationships between physical or chemical variables or attributes, and statistical models describing relative frequencies or probabilities.

The former help us to interpret observations in terms of a general context and to predict what will happen under altered conditions or in the future. Even in the absence of such a general theoretical framework, the latter help us to organize experimental data in order to extract relevant and reproducible facts out of numbers, which appear chaotic at first sight. Besides, statistical methods are important for designing experiments and for making rational decisions based upon incomplete information.

This book is about mathematical modeling on both levels, an art that appears to be developing in diverging directions. On the one hand, the power of computers and pre-cooked software solutions allow the less inquisitive to gloss over the intricacies of puzzling results, on the other hand, mighty tools have become available to handle heretofore intractable problems.

The following list is a sample from the titles of 16 chapters: 1, Purpose of Pharmaceutical Research; 2, Representation of Numbers and Data; 5, Curve Fitting and Phenomenology; 6, Normalized Frequency Distributions; 8, Significance Testing; 10, Least Squares Fitting; 11, Iteration; 12, Factorials and Phenomenology; 13, Monte Carlo Method and Simulation; and 15,

Modeling. This should give an impression of the broad scope.

The experience of a long and fruitful work shines out of this collection, with many original contributions by the author himself and his co-workers. A lot of sound and clever advice is included.

On the other hand, some of the topics treated, and the choice of those omitted, the sequence of presentation, and the selection of software tools have a very individual flavour. Listings of BASIC programs remind readers beyond their thirties of the good old pre-PC era. The capability to state a problem in mathematical form is essential, but these days, other languages are preferred, and for good reason. Similarly, the selection of statistical software packages and graphic presentation programs is by necessity a subjective matter: you stick to what you happen to know best.

Who should read this book? Probably not undergraduate students, for whom it was not priced either. They need a more systematic introduction into physical pharmacy and the mathematics required for modeling. On the other hand, it is a valuable addition to the department library, where graduate students and researchers may find some gems missing in other texts.

Prof. Dr. Richard Süverkrüp
Pharmazeutisches Institut der Universität Bonn,
Pharmazeutische Technologie, An der Immenburg 4
53 121 Bonn
Germany

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Clinical Research in Pharmaceutical Development of the series Drugs and the Pharmaceutical Sciences Vol. 75.

B. Bleidt, M. Montagne (Editors).

This book is a very timely addition to the well-known series on 'Drugs and the Pharmaceutical Sciences'. The drug development in experimental and clinical research has been completely re-structured within the last decade. Rules on, e.g. good laboratory practice (GLP) and good clinical practice (GCP), the establishment of ethics committees, which are to comply with international standards have, on the one hand regulated drug development and provide now clear-cut guide lines for such investigations. On the other hand these strict guidelines and rules prohibit many institutions from getting involved in such research, since they are not in the position to comply with the guidelines. Under these conditions a book as the one presented is very useful.

This comment is pertinent, both to the introduction and the keynote sections. Personally, I found the recollection of Albert Hofmann on the discovery of LSD and the consequences for the search for new drugs in the field of CNS and cardiovascular diseases very entertaining despite my knowledge of these events. They should even more stimulate younger readers to enlarge these the scope of knowledge and understanding as on the irrational aspects of drug research. The third section deals with the drug development process. In this context, particularly, the paper on the FDA and the regulation process in drug development by Miller and Millstein is very worthwhile. Part 4, termed Clinical Drug Research, as well as part 5 (Social and Legal Aspects) gives very useful detail information, which should be known in principle and looked up, when getting involved in Clinical Drug Development. The chapter by Hussein and Bleidt on pharmacokinetics is rather basic.

Taken together this book can be recommended very much for the pharmaceutical scientist and the pharmacologist involved in clinical research in pharmaceutical development.

> Prof. Dr med Dr hc Kay Brune Friedrich-Alexander-Universität Erlangen-Nürnberg Germany

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